



## Travis County Community Supervision & Corrections Department

*Dr. Geraldine F. Nagy, Director*  
*Rosie Ramón-Durán, Assistant Director*

### Counseling Center Fact Sheet

#### What Is The Counseling Center?

- An intensive outpatient treatment program for Travis County Adult Probation that provides treatment services for 1000+ probationers annually who have been assessed as having high risk factors for anti-social thinking and/or substance abuse.
- It is primarily funded through a grant from the Texas Department of Criminal Justice-Community Justice Assistance Division and has been fully operational since Summer 2009.

#### What does The Counseling Center do?

- The Counseling Center offers five types of program for both males and females: Intensive Outpatient Program for substance abuse (IOP), a Cognitive Skills Enhancement program to address antisocial thinking and behavior (COG), Continuing Care (CC) program for those who have completed an IOP or residential treatment program, Misdemeanor DWI Court Program, and a Youthful Offender Support Court Program. All referrals to Counseling Center programs are a condition of probation. Programs are offered during both day and evening hours.

#### What are the Essential Program Elements?

- The **Intensive Outpatient Substance Abuse Program** offers separate tracks for males and females, which is consistent with research indicating improved outcomes for gender specific groups. Placement is based on assessment by the Department's Centralized Assessment Unit. Referral is based on risk level, criminal history, mental health status, severity and chronicity of substance abuse.
- The **Continuing Care Program** offers ongoing support and direction for offenders who have completed either a residential or out-patient program for substance abuse. The curricula's components address relapse prevention as offenders progress in recovery and reestablish themselves in the community.
- The **Cognitive Skills Enhancement Program** offers specialized cognitive classes to address criminogenic needs for probationers who engage in criminal conduct, but do not have a history of substance abuse. All offenders are assessed by the Department's Centralized Assessment Unit and referral is based on identified risk level, criminal history, and mental health status.
- The **DWI Court Treatment Program** is a 12 month program targeting repeat DWI offenders. Both male and female participants enter the treatment program after their plea in court places them on probation. The program has three phases: Intensive Outpatient Treatment (IOP), Intensive Continuing Care, and Supportive Continuing Care. The program offers a Relapse Track for those who experience a relapse.
- The **Youthful Offender Support Court** offers select offenders an opportunity to participate in a program that utilizes a collaborative effort between the judiciary, the probation officer, and Counseling Center staff to provide specialized supportive supervision, intervention and resource linkage to youthful felony offenders. Counseling Center staff work with these offenders via cognitive treatment programming.

## **How Many Probationers Were Served in FY 2011?**

|  |      |
|--|------|
| • Intensive Outpatient Substance Abuse Program | 1255 |
| • Continuing Care Program                      | 84   |
| • Cognitive Skills Enhancement Program         | 189  |
| • DWI Court Treatment Program                  | 115  |
| • Relapse Track                                | 38   |

## **Where Can I Find More Information?**

- Visit our website at [www.co.travis.tx.us/AdultProbation](http://www.co.travis.tx.us/AdultProbation) or contact us at 512-854-5782.